



# Executive Coaching

## SEA CHANGE ENTERPRISES

- Are you **looking for advice** on how to tackle your greatest business challenges?
- Are you **following your passion** and displaying authentic leadership?
- Are you ready and willing to **create positive change**?

**We are different:**

**Executive Coaches with business expertise.**

### SEA CHANGE ENTERPRISES

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*“Coaching gets executives to slow down, gain awareness, and notice the effects of their words and actions. On a larger scale, the best coaching fosters cultural change for the benefit of the entire organization. It provides a disciplined way for businesses to deepen relationships with their most valued employees while also increasing their effectiveness.”*

*-Stratford Sherman, Harvard Business Review*

### ***How much value are you adding?***

As an executive in today's 24/7 business world, you are under constant pressure to perform on multiple fronts, yet you receive little or no support. The professionals at Sea Change understand the unique challenges that face today's leaders, and are ready to help you overcome the stress and reach your full leadership potential.

Our executive coaching programs strive to draw on your unique skills, perspectives and intuitions to help you develop your own form of authentic leadership. You will learn how to anticipate and evaluate risks, respond to pressing business issues and cultivate teamwork within your organization, all while achieving a greater work/life balance. Our experienced coaches help you step back from the workplace, observe yourself in action and critically examine your team's strengths and weaknesses. We guide you in creating a living vision for both you and your business, and teach you how to rediscover passion in both your work and home lives. As you refine your business and leadership strategy, enhance your communication techniques, and nurture your decision-making capabilities, you will inspire peak performance throughout your organization.

Sea Change knows that you are your own greatest resource, and we want to help you tap into that wealth. Let us guide you on a journey towards listening to your inner voice; give yourself a chance to be surprised by the positive change you can affect. When you become a passionate, intuitive, strategic, inspiring, authentic leader, the results will be many and measurable.

Become your own value-added commodity.

**Ready to challenge yourself and lead your  
business to the next level?**

**Call us today at 978.236.1170  
for your free consultation.**

Sea Change Enterprises is the leading holistic boutique consulting and training firm in America. Our leaders have over 60 years of combined experience in strategy, leadership, communication and operations. Our Western business expertise is augmented by our Eastern practices of stress reduction, energy management and intuitive coaching.

*Sea Change is reviving the heart and soul in business™*